Working the Conscious Discipline program

Two in-person trainings in two cities

Southern Minnesota Initiative Foundation

SMIF is hosting two in-person Conscious Discipline courses taught by Trainer Anne Hoff in Austin and Mankato. Attend one or both trainings!

Wednesday, July 15
8:30 a.m. - 3:30 p.m.
St. Olaf Lutheran Church, Austin

Maximizing every moment: using transitions and routines to build regulation

This training helps educators see everyday transitions and routines as rich opportunities for teaching regulation, connection and cooperation. Participants will walk away with practical strategies to reduce chaos and increase predictability, engagement and emotional safety throughout the day.

Six Develop Approved Credits: I: Child Development and Learning (two hours), II.A: Creating Positive Learning Experiences (two hours), II.C: Promoting Social and Emotional Development (two hours)

Register for Austin

Register for Mankato

Wednesday, July 22
8:30 a.m. - 3:30 p.m.
Center for Learning, Mankato

Intro to school family

This training introduces the School Family model, emphasizing how to transform classrooms into supportive communities using Conscious Discipline principles. Participants will learn strategies to foster connection, belonging and cooperative learning.

Six Develop Approved Credits: I: Child Development and Learning (two hours), II.A: Creating Positive Learning Experiences (two hours), II.C: Promoting Social and Emotional Development (two hours)

Register by June 29. Space is limited so please sign up soon! Each day costs $10, but participants will receive a $10 Kwik Trip card when they check in. Sign-in starts at 8 a.m.

If you have questions, please contact Heidi Coulter, SMIF's director of Early Childhood, at heidic@smifoundation.org or 507-456-2298.

SMIF offers trainings throughout the year!

Scan to receive our latest emails, learn more at smifoundation.org/earlychildhood or stay up-to-date through our socials.