



Spring Valley AG DAYS  
 7th Annual  
**Little Huskers 1K**  
**Kids Run**



Saturday, August 17, 2019  
 9:30 a.m. – Willow Park

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Parent's Name \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

E-mail: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ Race day age: \_\_\_\_\_ Male  Female

T-Shirt Size:  (Kid X-Small)  (Kid Small)  (Kid Med)  (Kid Large)

(Adult Small)  (Adult Med)  (Adult Large)

**\*Only pre-registered  
 runners are guaranteed  
 T-Shirts.**

**FREE T-Shirt for those that register  
 By July 25, 2019. All finishers will  
 receive a Medal. Event is free.**

Mail forms to:  
**Spring Valley Area Community Foundation  
 201 South Broadway  
 Spring Valley, MN 55975**

**Forms can be dropped off at  
 Spring Valley City Hall**

**Register online at [www.springvalley-mn.com](http://www.springvalley-mn.com)**

E-mail: [SVareafoundation@gmail.com](mailto:SVareafoundation@gmail.com)

**WAIVER**

*I know that running a road race is a potentially hazardous activity which could cause injury or death. By my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, and animals are not allowed in the race and I will abide by this guideline. I hereby grant full permission to use my name and any photographs, videotapes, or other record of this event for any purpose. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Spring Valley Area Community Foundation, the City of Spring Valley, the County of Fillmore, the State of Minnesota and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.*

Signature (by parent or guardian if participant is under 18 years of age)