MORNING BREAKOUTS
10:30 a.m. - 12:30 p.m.

A  Mindful Practices for Calmer Adults & Calmer Children
Andy Johnsrud
Examine and learn practical foundations of mindfulness for use in common situations with kids. Practice simple mindfulness to bring presence and emotional regulation to the children you care for and work with every day. Investigate the nature of empathy and compassion—both for yourself and children to give our kids their best shot in the real world.

KCF: VI  CDA: VI

B  Why Outdoors? Why Not?
Polly Saatzer, Jeffer’s Foundation
Build teacher enthusiasm for using your school grounds as an outdoor classroom. Experience strategies for successful outdoor instruction with a focus on observation. Learn activities, games and ideas for nature play to use with your young children using free resources provided by the Jeffer’s Foundation. Dress for the weather!

KCF: II.A  CDA: II

C  Enhancing Young Minds Through Signs: Songs & Stories
Dawn Easley
Participants will learn early childhood songs and stories using American Sign Language. Your group time will come alive through the use of sign. Guaranteed to provide you with content you can incorporate with children right away!

KCF: II.B  CDA: II

D  Overcoming Challenges with Families
Stacy Boysen
Strengthen your confidence and find encouragement as we explore the variety of changing needs and unexpected challenges that child care providers face working with families each day. Learn how personality traits, learning styles, and past experiences impact the parent/provider relationship. Reflect on current practices and formulate clear boundaries to promote successful, trusting relationships with parents that positively impact children’s development and provider career satisfaction.

KCF: III  CDA: IV

E  Read Together, Create Together: Creating Arts-Based Literacy Lessons for Children
Megan Proft, Northfield Arts Guild
Looking for tools on how to engage children in literacy development through the arts? Join us for this exciting and inspiring breakout session, where you’ll learn how to enforce the components of literacy with visual arts, movement, music and drama. Using the model of Northfield’s Read Together, Create Together program, discover how to take a book and design multiple art lessons around it. Not only will you hear about the RTCT program (founded thanks to a grant from SMIF), you’ll gain a deeper understanding of the connection between literacy and the arts, experience a lesson hands-on and even create your own literacy-based arts lesson!

KCF: II.B  CDA: II
**Why Do They Do That?**
*Katie Hansen, A Chance to Grow*

Wet sleeves and shirt collars? Meltdowns at clean up time? Explore the “why” behind common behaviors that tend to be labeled “misbehaviors” in your classrooms. Learn how the “why” behind the behaviors can help you better understand what the child is trying to tell you. Along with that understanding, educators will be equipped with tips and tricks to help ease the frequency or intensity of these behaviors ranging from shirt chewers to meltdowns at transitions.

*KCF: II.C  CDA: III*

**Mastering Record Keeping & Taxes**
*Tom Copeland*

Participants will learn the new tax rules for 2019, key record keeping tips to save you the most money, time space percentage, and how to track hours.

*KCF: VI  CDA: VI*

**Observation and Documentation: Using Program Information for Decision Making**
*Michelle Scott*

This course will describe the components of authentic assessment of which observation is key; describe how observation and documentation are used in making program decisions.

*KCF: IV.A  CDA: VII*

**Partnering with Parents**
*Teya Dahle*

Participants will explore the complexities of partnering the parents/caregivers of young children including the importance of this partnership and how to talk with parents/caregivers about concerns regarding their child.

*KCF: III  CDA: IV*

**Taming Those Terrific Toddlers**
*Raelene Ostberg*

Gain insight into typical toddler development and learn what drives toddlers’ negative behaviors. Collect proven strategies to effectively redirect challenging behaviors and get toddlers to follow your directions. Unlock the secret world of toddlers and explore discipline and communication strategies that really work. You will increase your joy and decrease your stress while caring for these wonderful humans.

*KCF: II.C  CDA: III*
Limits Create Happier Kids and Providers—Love & Logic Early Childhood Parenting Made Fun

*Andy Johnsrud*

Explore techniques to gain kids’ cooperation without battles over clean-up, eating, etc. Learning how humans have control needs is the beginning of self-regulation for children. Gain skills to give control and limits to kids in really healthy, caring ways as they learn to regulate from the inside out!

*KCF: II.C  CDA: III*

Why Outdoors? Why Not?

*Polly Saatzer, Jeffer’s Foundation*

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*KCF: II.A  CDA: II*

Enhancing Young Minds Through Signs: Songs & Games

*Dawn Easley*

Participants will learn early childhood songs and games using American Sign Language. Incorporate sign language songs and games into your daily schedule. Use them as transitions or full activities. Ignite the child’s mind and body!

*KCF: II.B  CDA: II*

Active Supervision: A Developmental Perspective

*Stacy Boysen*

Meets the family child care provider annual supervision training requirement. This training curriculum will address best practices of active supervision in a family child care setting, describe the way in which supervision is impacted by a child’s development, and explain characteristics typically associated with differing levels of development and their impact on supervision.

*KCF: VII.B  CDA: I*

Read Together, Create Together: Creating Arts-Based Literacy Lessons for Children

*Megan Proft, Northfield Arts Guild*

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*KCF: II.B  CDA: II*
Dramatic Play Center Transformations
*Jackie Kops*

Transform the dramatic play center into different places and let students take the lead in their learning! Change it into an Ice Cream Shop, Pumpkin Patch, Campsite, Auto Shop, or a place related to your learning theme! Learn quick and easy ways to embed literacy, math, STEM, and science into their play for many themes that you can implement tomorrow! Plus, fun ways you can sneak fine motor into their play! They won’t even know they are exercising those little muscles.

*KCF: II.A  CDA: II

How to Effectively Use Contracts & Policies
*Tom Copeland*

Participants will learn how to establish a business relationship with parents, two key roles for your contract, and how to enforce your rules.

*KCF: IV.C  CDA: V

Infant and Toddler: A Relationship Based Approach to Challenging Behaviors - Examining Behaviors
*Michele Scott*

This course will help you to learn about the relationship between behavior and distress communication for infants and toddlers. We will also identify characteristics of challenging behaviors by infants and toddlers.

*KCF: II.C  CDA: III

Trauma in Infancy and Early Childhood
*Teya Dahle*

Participants will learn about trauma including ACEs and the impact on very young children. Strategies will be provided to support those who work with children who have experienced trauma.

*KCF: I  CDA: VIII

Communicating Concerns and Challenges with Parents of Infants and Toddlers
*Raelene Ostberg*

Gain strategies to effectively and comfortably discuss developmental concerns, challenging behaviors, and safety guidelines with parents of infants and toddlers. Collect methods to set the stage for these conversations before concerns arise. Identify tips and helpful language that will turn these potentially awkward or tense conversations into comfortable and collaborative discussions. Apply the tools learned to a common real-life scenario you experience. You will increase your confidence and ease with having these sensitive conversations and ensure the discussions keep parents open to your insight, increase parent buy-in, and help maintain your important relationship with parents.

*KCF: III  CDA: IV